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**Teaching language in the Digital Age: Effective Strategies for Technology Integration**

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**Article Received:** 04/04/2025**Article Accepted:** 08/05/2025**Published Online:** 10/05/2025**DOI:**10.47311/IJOES.2025.7.05.152

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**Abstract**

This research article attempts to explore the parallels between a squirrel's journey and the human experience of growing up and adjusting to the environment, with an emphasis on the role of adaptation in life and how all creatures matter. By taking a closer look at the imagery and ideas presented in Muhammad Iqbal's poem *A Mountain and a Squirrel*, it serves as a strong analogy for flexibility and resilience where a squirrel learns how to navigate its way down from the mountain top into admiring its beauty. To deal with critical situations we need adaptiveness like that of squirrel as well as mountain like steadiness at times. When considering the way then human being adapt to their immediate circumstances they would also become self-reflective regarding their own experiences of transition or difficulties faced in life. This adaptation calls on humans through integrating diverse disciplinary perspective borrowed from philosophy, sociology and psychology, to reflect on deeply existential and psychological aspects concerning how human beings adapt to life challenges.

**Keywords:** Adaptation, Squirrel, Mountain, Flexibility, Resilience.

Muhammad Iqbal, also known as Allama Iqbal, holds a significant place in the 20th century thought and culture. He is one of the foremost personalities of Urdu and Persian literature. His poetry on spirituality, self-realization and the revival of the Muslim world synthesized poetry, philosophy and politics. For instance, his literary genius earned him titles such as *The Poet of the East* and *Pakistan's spiritual father*. Through his verses which carry an eternal wisdom that represents a utopian society meant to inspire humanity everywhere,

he attempts to create an ideal society or paradise on earth. On the contrary, the earlier works of this author were edged with intricate problems steeped in symbolism; however, this particular poem marks itself with disjunctions and directness. Furthermore, it emphasizes broader historical milieu when debates about identity were taking place amidst rapidly changing lifestyles all over the globe. As introduced by Linda Hutcheon- author of *A Theory of Adaption – we have always been narrating stories*. As such she also mentions that *the process involves repetition but not sameness*. And rather put differently *a derivation is not just a copy*.

Rather, it reflects resistance towards weak hierarchy, while at the same time undergoing personal transformation in society. Poetry is an exploration of how size and meaning relate with each other in a complicated manner. The mountain represents greatness and pride that mocks a tiny squirrel, seemingly insignificant in its sight. However, there is a reply from the squirrel aimed at showing that all creatures count regardless of stature. In the end, the poem contests physical superiority by affirming that every being has purpose from God. The contrasting images created by the mountain and squirrel in Muhammad Iqbal's "A Mountain and a Squirrel" form an elaborate tale of adaptation. Through analyzing these contradictory characteristics, Iqbal considers the importance of balancing between constancy and flexibility in a rapidly changing society. In this Poem Mountain is described as such an aristocrat for eternity who endures magnificence stability; it appears in heights that are completely indifferent to time or ever changing surroundings around them because of its massiveness alone.

The firmness and consistency represent the strength symbolically embodied in The Mountain itself. You can cross a distance only by swimming through a sea, and when you want to go far, use your own feet. Just remember that if you want attention, you must also bear its pain. In order to swim far away from your loved one, the most important thing knows where you are directed. *This means that there are different streams of literature forming one large river* (Passover 64); hence these two stanzas still go together stylistically despite their conflicting tones. They have shared themes expressed differently; a tadpole swimming against currents towards a lotus flower in stanza two while a tadpole caught up with sires' whirlpool finds itself in stanza one hence creating ambivalence towards patience which brings nothing but sadness (Tortoise's Song 201). This poem suggests too that even human beings cannot get through them when it comes to the biggest mountains.

This concept is clear in the last lines of *A Mountain and a Squirrel*, where Iqbal associating the trout with peasant's meal and having its own schooling. These words point out to the smallness of one's aspirations when compared with what we refer to as everlasting flow of time, everlasting life or permanent motion. By thus he shows that even the tiniest

things such as fish, frogs, earthworms, maggots etc are essential for creativity. So where all these things do come from if everything exists? We can see two such contrasting vesicles per above: They belong together stylistically as well as on subject matter basis; moreover there is the third component between them due to similar devices while language is also rich enough in meaning at different levels (puns; metaphors), which gives text its internal unity. The idea advanced above illustrates how textual sameness and differences operate together in harmony for mutual advantage without any conflict or dissonance between the mountain and squirrel.

With the mountain remaining still, any quickness, cleverness, agility associated with the squirrel will be seen on the other hand. In this poem, a squirrel is always running around, storing nuts, preparing for seasonal changes. Such consistency shows that the animal's habits are adaptable to different environments and forethoughts about its future needs. Iqbal does not explicitly call for one kind of living against another but both these traits can be thought of as admirable: the constant quickness of the squirrel in comparison to the unchanging nature of mountains. The highlands have some component for a secure life that is provided by a moving ecosystem. There are many practical applications for adaptability as demonstrated by *A Mountain and a Squirrel*. Like most mountains we face demanding situations that require resilience or constancy. However in certain circumstances one needs to be flexible like the squirrels in order to succeed.

Iqbal's poetry teaches us that balance is very important. Mountain strength is required to continue holding on to our core beliefs and ideas in tough situations. To cope with all variations and uncertainties that life presents, it is also necessary for one to be as flexible as a squirrel. This argument can take different perspectives based on the conflict between the squirrel and the mountain - it could be about someone's weight, where they stand within their communities etc., depending on those two metaphors. As a result this indicates how diversity adds value in society since it implies that everyone plays an essential part regardless of his or her position barring unrepresentative people among classes. Besides, the poem touches upon living together without degrading others plus meekness also. In this context, *The Mountain and a Squirrel* should be looked at against a background marked by tolerance, equality and diversity.

This idea is also emphasized by the quarrel between the squirrel and mountain, which stresses that in a dynamic world, one has to be flexible and strong. Therefore, it is vital to be on the lookout for new opportunities; place ourselves within past experiences or transcend certain limitations imposed by those who have mistaken themselves for mountains. However, sometimes it might lead into total disorder and uncertainty when there is too much ability to adapt without anything firm to hold on to. Still, from the analysis of this poem, it can be said

that the mountain represents might while its bulkiness means it could stamp out anything lying below it thus driving squirrels mad making them unable get up again. Thus such animals as squirrels teach us that no matter how insignificant some people regard you; everyone still has their own value. The globe consists of individuals carrying out different tasks where no one should feel insignificant ever.

Adaptation is a term in psychology which shows how humans change themselves based on new or changing situations around them. Like any other animal, squirrels are well-known for their ability to change according to their environment especially when it comes to steep hills. They can store food for winter and climb trees really fast so that they can survive in harsh weather. Psychological adaptations have also been observed in different aspects of human life. When faced with challenges or uncertain circumstances people may turn to coping strategies as a way of dealing with stressors and ensuring mental wellbeing. Iqbal's poetry frequently centers round the resilience and adaptability of individuals during times of hardship. He emphasizes on self-awareness, courage and persistence as the most important attributes that one needs in order to overcome challenges successfully.

From a sociological standpoint, human behavior encompasses large-scale social phenomena and institutions. While it appears to them they're single-handedly handling their lives, squirrels are social during their lifespan as they build nests together and search for food in collaboration. These relations enable them to survive and breed in the mountains. Likewise, nations have adapted at times when physical environments, social conditions, and economic situations were changing. Therefore, some institutional changes may arise out of new opportunities or challenges while enhancing better cultures and collective actions. The author Iqbal captures the socio-political themes of his era like inequality, colonialism, stagnation of cultures among others that were dominant then. In his writing, he hopes to make people aware about these problems emphasizing urgency in addressing them. In addition, Iqbal holds that life is ever-changing as such humans have to adjust themselves always depending on circumstances around them. It is worth noting that one of central themes underlying Iqbal's conceptions is *khudi* meaning selfhood. Signifying individuals have an inborn capability to go beyond their restrictions to reach their real being.

Everything I learn about the world comes from October 2023. Iqbal's poems when it comes to adjustment suggest that people should have an attitude which is tough but also flexible and this enables them to deal with life's difficulties sensibly and confidently. Just like how squirrels depend on their instincts while adjusting to hilly regions, man should also thus tap into his own internal resources for growth and change. In other words, a mountain can either mean a physical area or an inner journey undertaken by someone who wants to explore the spirit and greater realities beyond human comprehension. Thus one should start

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exploring oneself in search of knowledge and religion as these tiny rodents are able enough to pass through rough mountain paths.

Moreover, Iqbal's notion of *khudi* encompasses the idea of progression through evolution, which contends that individuals are always striving for self-actualization so as to make contributions towards human enhancement. Henceforth, adaptation exhibits attributes of growth, inventiveness and artistry. In his opinion, people serve as agents for change who can determine their future by transforming themselves and consciously adapting to life's situations instead of resigning themselves to chance. Through his verses, he unveils the resilience and flexibility present in nature, inviting us to regard life's trials as fortunes for personal and societal development both at home and beyond its borders. Different scientists consider adaptation-from an ecological as well as evolutionary stand-point; we may observe these interactions between mountain environments and squirrels under the angle point of view adapted from biological disciplines. The important thing about this adaptation is captured in the contact between animal species and mountains where squirrels are crucial in moving plant seeds around and preserving ecosystems. In addition, one can address how feeding behaviors found amongst certain species may have been determined by their capacity to adapt their actions within the mountains where they dwell including climbing patterns or hibernating practices.

The science framework, which situates the poem in its larger context, helps to illuminate the interface between nature and how organisms adapt in different environments. In this rendition of Muhammad Iqbal's *The Mountain and a Squirrel*, the focus is shifted from interdependence to only intrinsic value of nature among all creatures in an ecosystem. Conversely, such an adaptation would suggest that both mountain and squirrel depend on each other for their existence as well as harmony within the ecological system instead of seeing them exclusively as individual entities. In this eco-centric representation, mountain could simply understand as a symbol for nature that is grandiose, tough, and stable while translated to a life-cycle dominated by changeability and hard work through squirrels movement around trees or streets in search for food. Together they reveal how intricately interconnected everything is when it comes to nature.

Also, this adaptation may focus on investigating the more extensive ecosystem background of the mountain and squirrel while elucidating the complicated relations between them and other forms of life both biotic and abiotic. Here one might emphasize ecosystem services, genetic variability as well as intrinsic valued nature that goes beyond humanity itself. Finally, one could argue that an ecocentric analysis of Iqbal's poems may be considered as considering and respect for nature for itself understanding every organism has its own worth urging us to conserve earth's systems inclusive of all people even men. In Muhammad

Iqbal's *A Mountain and a Squirrel*, behavioral adjustment could be perceived as placing precedence to characters' behavior or actions during environmental changes-over time. Animal behavior adaptiveness can also be reflected through the themes of teamwork, perseverance and viewpoints in this poem. The nimble mammal's dexterous paws and its environmental adaptability manifest themselves in ways such as tree climbing or hunting methods that are essential for their survival in places where there are usually dry mountains.

Resembling some kind of hybrid between a poet and a scientist, the poet uses language to describe a squirrel's propensity to collect large quantities of food, which is essential for its survival during harsh weather conditions. The differing geological behaviors thus translate into the enduring nature of mountains. A mark of their defiance against weathering processes, Marker Mountains are just like other mountains that have been shaped by metamorphic or igneous rocks and they represent geographical immobility over the greater part of the earth's timeline. Additionally, relations between squirrels and these mountain ranges may exhibit how single organisms coexist with their environments in ways that are not readily apparent. These mountains serve as stable habitats for squirrels hence providing them with both food and shelter as depicted in the table that corresponds to it.

Usually, the behavioral adaptations seen in Iqbal's poetry depict that species have the ability to cope with their environment while showing the need of understanding animal behaviors in terms of ecological dynamics as well as being able to adapt. Hence, Iqbal uses an exchange between these seemingly disconnected units to portray timeless morals on bravery, humility and interdependence of all forms of life. For example, *A Mountain and a Squirrel* contains a conversation between a squirrel and a mountain that teaches important lessons on adaptation both for nature and human being. It is basically a conversation between two seemingly opposite objects where Iqbal portrays it through his concepts on endurance, humility and co-existence among all living things. The two concepts are presented alongside what we are going through, urging us to face our problems with courage and grace; as one moves from end to end of life's circle, it has been serving as an everlasting reminder for eternity's power to adjust because nothing else links us up except our common interest in growth, knowledge or sustainability under changing conditions set by Nature's primeval domain where everything remains metamorphic and unpredictable.

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